



## **NATIONAL RECREATIONAL COMPETITIONS REGULATIONS SEASON 2019 - 2020**

### **1. Definition**

National Recreational Competitions are competitions where the creative, expressive, show content, etc. is considered and therefore judged as much more important than the level of technical elements such as jumps, pirouettes, step sequences, etc.

The aim is to introduce novice skaters to figure skating competitions depending on their age without feeling the pressure of levels or techniques.

On the other hand, these competitions can also be a good learning school for our young upcoming talents.

National Recreational Competitions are open to all clubs affiliated with the Royal Belgian Figure Skating Federation KBKF/FRBPA and, if stated in the announcement, also to foreign clubs. These competitions are listed on the grill.

Organizing clubs still have the right to organize a recreational competition using their own technical regulations. Such competitions, however, do not qualify as National Recreational Competitions, but as Recreational Interclub Competitions.

As all Belgian competitions, National Recreational Competitions are also organized in accordance with the KBKF/FRBPA competition regulations.

### **2. Scope of application**

#### 1) Single skating

Recreational skaters who did **not participate** in National A- or B-competitions, or International Interclub competitions in Belgium or abroad during the current or previous skating season.

The skaters may have obtained a Competition Level Test at most. Skaters who obtained their Competition Level Test must participate in the Pre-Competitive category.

In Single skating, skaters are not allowed to use attributes during their program.

#### 2) Single skating, Adults

Beginning Adults will participate in the Twinkle Stars, Rising Stars and Super Stars categories.

Advanced Adults and former competitive skaters older than 16 must participate in the Master Stars category.

These skaters may also participate in National Adults competitions of International Adults competitions, but not in National & International Interclub Competitions during the current or the previous skating season.

In Single skating, skaters are not allowed to use attributes during their program.

#### 3) Duos / Ice dancing / Pair skating

Duos, ice dancers or pair skaters are not allowed to use attributes during their program.

4) Show team

Only show programs are allowed. Synchronized skating programs/teams are not permitted.

Show teams may use attributes. The height of these attributes may not exceed 2,30 meters. Confetti, garlands, water, as well as any form of fireworks or fuels are not permitted. It is also not permitted to use live animals.

Attributes must be placed on the ice within a maximum time of 1:30 minutes and immediately removed from the ice after the program. The attributes must be put on and removed from the ice by the skaters themselves. Intervention of a trainer or any other person is not allowed, not even during the execution of the program. Only people with skates are allowed on the ice.

The program may contain solo moments as well as pair skating and synchronized skating elements.

### **3. Classification of categories (see appendix)**

#### 3.1. Single skating

Single skaters are classified according to skating skills and further by age, and it is clearly stated for each category which elements such as jumps, pirouettes can be used in a recreational competition program.

There are five categories for single skaters:

- Twinkle Stars
- Rising Stars
- Super Stars
- Master Stars
- Pre-competitive

Each category is subdivided into five age categories:

- Younger than 8 years
- 8 years and younger than 12 years
- 12 years and younger than 16 years
- 16 years and younger than 26 years
- Older than 26 years

Reference for the age is July 1st.

If there are more than 18 single skaters in a group, the group is divided into 2 or more groups according to age. It is not allowed to split a group of skaters of the same skating age (= age on July 1).

#### 3.2. Duos

These are subdivided into 2 age categories: younger than 16 years, and 16 years or older. The age is determined by adding up the skating age of the 2 skaters and dividing by 2.

### **4. Music**

The program is skated on music that may be chosen freely. The duration of the program depends on the category.

### **5. Judging**

The jury consists of at least 4 judges of which at least 1 national judge (level 3). The referee will always be a national judge (level 3).

The recreational program is assessed on the following elements:

5.1. Expression

Expression takes into account:

- How is the interpretation of the music in relation to the program?
- How is the implementation of the program in terms of expression?
- Is a story portrayed?
- Assessment of the costumes in function of the program or music.

5.2. Choreography

Choreography takes into account:

- Harmony between the different elements.
- Originality of the program.
- Artistic level of the program.
- Skated to the beat of the music?

5.3. Transition between elements

When transitioning between elements, one takes into account:

- Are there smooth movements between the different elements?
- Are there variations in the transitions?
- Are there still moments during the transitions?

5.4. Use of the space

When using the space, one takes into account:

- How is the ice surface used?
- Are different directions being used?
- Are the elements executed in different places?

5.5. Skating skills

In Skating skills, skating posture is primarily considered and not the value of the jumps, pirouettes and choreo sequence. In particular, the following is taken into account:

- The posture when performing the element. The level of the element is not taken into account.
- What is the starting position and what is the ending position? A triple jump is hereby judged the same as a flip.
- Skating skills (power and strength) are considered, knee work, posture, use of edges etc.)

Every Stars program can contain a creative pirouette. The skater may come up with and execute an original pirouette him/herself.

There is no deduction for a fall.

Skating Skills are always judged by the national judge (level 3).

Each part is judged on a scale of 1 to 10 with a tenth of a point.

So, a National Recreational competition is judged in a totally different way than National A- or B-competitions or International Interclub competitions in Belgium or abroad. The level of the elements is not taken into account and the elements are not judged on values. The result of a recreational competition therefore cannot be compared to the result of a National A- or B-competition.

## **6. Price awarding ceremony**

All skaters need to be present at the price awarding ceremony in person and in their skating costume. Skaters who are absent for the price awarding ceremony will not receive medals or trophies. Absence is also sanctioned in accordance with the KBKF/FRBPA competition regulations.

Skaters are called with their rank and total score (out of 50).

When publishing or communicating the results, the rank, and total score (out of 50) are mentioned. Detailed scores are optional.