

Time table
Beker van Heist 2023
1-4-2023
Heist op den Berg

Date	start	Category	number	Remark
1-4-2023	8.30	Junior Men	2	together with JUN women
	8.30	Junior Women	2	
	9.00	Advanced Novice Girls	2	
	9.17	Intermediate Novice Boys	2	together with 1° group of INO girls
	9.17	Intermediate Novice Girls	10	
	10.31	Ice resurfacing		
	10.46	Basic Novice Girls	16	
	12.10	Ice resurfacing + break		
	13.10	Miniemen Boys	3	
	13.29	Miniemen Girls	31	Ice resurfacing after 3° group
	16.28	Preminiemen Girls	34	Ice resurfacing after 2° group
	19.29	End of the competition		

Podia:

+/- 12.10 JUN + ANO + INO + BNO

+/- 19.29 MIN + PRE