

ANNOUNCEMENT / INVITATION



3rd ICE CRYSTAL TROPHY
for Synchronized Skating

International Interclub
Synchronized Skating competition

Ghent, Belgium

Saturday 20 April 2024



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Ice Crystal Trophy 2024

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The Gentse Schaatsclub Kristallijn, local event organiser, under the authority from the Royal Belgian Figure Skating Federation (KBKF/FRBPA) and the Flemish Skating Union (VLSU), has the pleasure to inform you that they will organize the **3rd Ice Crystal Trophy for Synchronized Skating** in **Ghent, Belgium**, on **Saturday 20th April 2024**, at the Ice Rink 'IJsbaan Kristallijn', Warmoezeniersweg 20 in Ghent, Belgium.

All members of the International Skating Union listed on ISU Constitution and General Regulations 2022 are invited to enter teams at the Ice Crystal Trophy 2024.

Ice Crystal Trophy is also counting as national Belgian Championship/Criterium Synchronized Skating. A ranking of the Belgian teams participating in each category will be made.

By organizing this competition, GSK wants to strengthen the interest in synchronized skating and promote this team sport.

The Ice Crystal Trophy will include the following categories:

- Pre-juvenile (free program)
- Juvenile (free program)
- Basic Novice (free program)
- Junior B (free program)
- Mixed Age (free program)
- Adult (free program)
- Master (free program)
- Senior B (free program)

Event location

The competition will be held at ice rink '**IJsbaan Kristallijn**' in Ghent, Belgium, home base of Gentse Schaatsclub Kristallijn.

Address: Warmoezeniersweg 20

**9000 Gent
Belgium**

The competition rink is covered, closed and not heated. It is an artificial ice surface of 30 m x 60 m.

General Rules & Invited members

The Ice Crystal Trophy 2024 will be an International Interclub Skating Competition for Synchronized Skating, and will be organized in accordance with the ISU Constitution, the ISU General Regulations 2022 and the ISU Special Regulations & Technical Rules for Synchronized Skating 2022, as well as in accordance with all applicable ISU communications and especially the ISU Well Balanced Programs.

The participating teams must belong to an ISU Member (Rule 130, paragraph 7), and the ages must be within the limits specified in Rule 108, paragraph 4.

All participating skaters must qualify with regard to eligibility according to Rule 102 and participation and citizenship requirements according to Rule 109, for all categories.

Only those skaters whose names are listed on the registration form will be allowed to skate.

ISU criteria

For Senior and Junior categories, requirements refer to ISU communication n°2553 (Well balanced Program Content effective for the 2023/2024 season) and subsequent pertinent updates.

For the categories Pre-juvenile, Juvenile and Basic Novice, the requirements refer to ISU communication n° 2552 (Guidelines for International Novice Competitions) as applicable and subsequent pertinent updates.

For Mixed Age, requirements refer to communication n°2553 (Well Balanced Program) and subsequent pertinent updates.

For the Adult and Master category, the Well Balanced Program Content and other rules will be in accordance with the latest ISU adult rules "ISU Technical Requirements for international Adult Figure Skating Competitions season 2023-2024" (updated 11 July 2023) and subsequent pertinent updates.

Non-ISU Categories & Technical requirements

For all non-ISU categories, the 80% / 20% age rule applies to the total number of skaters participating in the competition. At least 80% of those performing the program in the event must meet the age category while 20% or less may be outside the age criteria of the category.

Total	20	19	18	17	16	15	14	13	12	11	10	9	8
Age Cat	16	15	14	13	13	12	11	10	10	9	8	7	7
Free	4	4	4	4	3	3	3	3	2	2	2	2	1

The following should be noted:

Teams/clubs may enter more than one category using different music and a different program, with a minimum of 50% change in skaters.

The technical requirements for the categories are:

Senior B Teams:

Composition: shall consist of 10 to 16 skaters with a maximum of 4 alternate skaters.

Age: must have reached the age of 16 years by 1st of July 2023.

Program: Free program: 4:00 min +/- 10 sec.

Requirements: in accordance with ISU Synchronized Rules and Regulations 2022 and the latest ISU communications Synchronized Skating and subsequent pertinent updates. Well Balanced Program Content according to Communication 2553 Senior Free Skating.

Component factor: Free program 2.67

Junior B Teams:

Composition: shall consist of 10 to 16 skaters with a maximum of 4 alternate skaters.

Age: must have reached the age of 13 years and have not reached the age of 19 years by 1st of July 2023.

Program: Free program: 3:30 min +/- 10 sec.

Requirements: in accordance with ISU Synchronized Rules and Regulations 2022 and the latest ISU Communications Synchronized Skating and subsequent pertinent updates. Well Balanced Program Content according to Communication 2553 Junior Free Skating

Component factor: Free program 2.67

Mixed Age Teams:

Composition: shall consist of 8 to 16 skaters with a maximum of 4 alternate skaters.

Age: no age limits.

Program: Free program: 3:30 min +/- 10sec.

Requirements: in accordance ISU Synchronized Rules and Regulations 2022 and the latest ISU Communications Synchronized Skating and subsequent pertinent updates. Well Balanced Program Content according to ISU Communication n° 2553 Mixed Age Free Skating.

Component factor: Free program 2.67

Master Teams:

Composition: shall consist of 8 to 16 skaters with a maximum of 4 alternate skaters.

Age: must have reached the age of 18 years with 50% of the team over the age of 25 years by 1st of July 2023.

Program: Free program: 3:00 min +/- 10sec.

Requirements: in accordance with ISU Synchronized Rules and Regulations 2022 and the latest ISU Communications Synchronized Skating and subsequent pertinent updates.

Well Balanced Program Content and other rules will be according to the ISU Technical Requirements for International Adult Figure Skating Competitions 2023-2024 season (updated 11July 2023) for adult teams.

Component factor: Free program 2.0

Adult Teams:

Composition: shall consist of 8 to 16 skaters with a maximum of 4 alternate skaters.

Age: must have reached the age of 18 years with 50% of the team over the age of 25 years by 1st of July 2023.

Program: Free program: 3:00 min +/- 10sec.

Requirements: in accordance with ISU Synchronized Rules and Regulations 2022 and the latest ISU Communications Synchronized Skating and subsequent pertinent updates.

Well Balanced Program Content and other rules will be according to the ISU Technical Requirements for International Adult Figure Skating Competitions 2023-2024 season (updated 11July 2023) for adult teams.

Component factor: Free program 1.67

Basic Novice Teams:

Composition: shall consist of 8 to 16 skaters with a maximum of 4 alternate skaters.

Age: have not reached the age of 15 years by 1st of July 2023 and at least have reached the age of 10.

Program: Free program: 3:00 min +/- 10sec.

Requirements: in accordance with ISU Synchronized Rules and Regulations 2022 and the latest ISU Communications Synchronized Skating and subsequent pertinent updates – Well Balanced Program Content according to Communication 2552 Basic Novice Free Skating.

Component factor: Free program 2.67

Juvenile Teams:

Composition: shall consist of 8 to 16 skaters with a maximum of 4 alternate skaters.

Age: have not reached the age of 13 years by 1st of July 2023.

Program: Free program: 3:00 min +/- 10sec.

Requirements: in accordance with ISU Synchronized Rules and Regulations 2022 and the latest ISU Communications Synchronized Skating and subsequent pertinent updates - Well Balanced Program Content according to Communication 2552 (Basic Novice elements and rules).

Component factor: Free program 2.67

Pre-Juvenile Teams:

Composition: shall consist of 8 to 16 skaters with a maximum of 4 alternate skaters.

Age: have not reached the age of 10 years by 1st of July 2023.

Program: Free program: 3:00 min +/- 10sec.

Requirements: in accordance with ISU Synchronized Rules and Regulations 2022 and the latest ISU Communications Synchronized Skating and subsequent pertinent updates - Well Balanced Program Content according to Communication 2552 (Basic Novice elements and rules).

Component factor: Free program 2.67

Entries and entry dates

May we ask you please to be so kind to notify us your intention to participate at the competition using the Preliminary Entry form **(Form A)**.

This **Preliminary Entry form** (entries by number) must reach the organizing Committee **not later than Thursday 8th of February 2024**, so we can start with the planning for your attendance.

The **Final Entry Forms (Forms 1-8)** by name of the teams and Judge, must be submitted not later than **Thursday 7th of March 2024**.

As we are limited to only one competition day for this 3rd edition of the Ice Crystal Trophy, entries will be accepted on a 'first come, first served' basis

upon the receipt of your complete forms and payment in case a maximum teams are reached. **So we recommend you submitting your entry forms at the earliest opportunity.**

All Entry forms and other forms have to be sent to the Organizing Committee of the Ice Crystal Trophy **by e-mail.**

Please direct all your enquiries to:

Organizing Committee from Ice Crystal Trophy 2024 – Kathy Van den Hende

E-mail: info@icecrystal trophy.be

Please note that all entry forms must be completed and e-mailed in MS Excel format. Handwritten copies will not be accepted. Team entries must be made using the Official Forms only.

Entry fee

The entry fee is **350 Euro** per team for the free program only.

All payments must be made by the closing date, 7th of March 2024, to the Organizing Committee by credit bank transfer to the bank account below (the bank draft expenses and commissions will be charged to the registering teams and not to the organizer of the competition).

No refunds will be given after the closing date of entries, 7th of March 2024.

In case of cancellation of the event due to pandemic measures or force majeure, refunds of entry fees will off course be guaranteed also after this date.

Account Holder : Gentse Schaatsclub Kristallijn vzw

IBAN : BE44 0018 4717 5545

BIC: GEBABEBB

Please put as **bank reference : "Ice Crystal Trophy 2024/ name of the Team"** on all payments.

Ice Crystal Trophy reserves the right to limit the number of participating teams, as only one competition day is available.

Non official practice

The ice rink can for the moment only propose to the participating teams some unofficial practice time on Friday, April 19th 2024 between 08h00-14h00.

Teams who would like to book practice time, can order in advance (55 Euro per 15 min. on ice), but as time for non-official practice is limited by the ice rink, the Organizing Committee will see after final inscription how many teams would like to practice and might be forced to divide the time amongst those interested teams and time slots can be discussed.

Payment of extra practice ice therefore only needs to be made after confirmation mail of the organization upon receipt of your inscription. **(Form 5).**

Team Photo

In order to prepare the event program booklet, we are requesting you to send us as soon as possible a digital team photograph via e-mail at info@icecrystal trophy.be (at the latest by 7th March 2024 please).

The Team Photo will be included in the event program and used on our Facebook page.

Registration and accreditation

Every participating Team, Officials, Referees, Judges, Technical Specialists and Accountants are invited to register upon arrival at the Ice Rink Kristallijn in Ghent.

The information desk for registration, accreditation and all other questions will be open during the following times:

Friday April 19th : 09h00 – 18h00

Saturday April 20th : 07h00 – 22h00

Every team will receive 4 passes for 1 team manager, 1 Coach and 2 chaperons, and passes for the registered skaters.

All registered skaters have to enclose a copy of their passport when they sign in, passport copies have to be collected for the referee of the competition. It is ok the team manager brings a booklet or map with the copies of the passports. Afterwards, those documents will be returned to the team managers.

Any skater who is not a national of the country for which they are participating, must have a release certificate. The list of team members can be adjusted upon accreditation.

Judges, Referee and Technical Panel

The Ice Crystal Trophy will be judged under the International Judge System.

Travel and accommodation will be covered for the Referee, the Judges and Technical Panel invited by the Organizing Committee. Ordered flight or train tickets should be based on economy fare. Accommodation will be reserved.

Each participating country, sending at least one Team participating in the competition, may nominate 2 judges on synchronized skating. The travel and accommodation costs for those extra international judges sent by the national federations will be at the expense of the national federation of the country from which they are nominated.

Judges Meeting

The Judges meeting will take place at IJsbaan Kristallijn, on Saturday morning 20th April early in the morning.

Schedule and exact time will be announced later.

Starting Order

For each category, the starting order will be determined by draw.

The draw will be done by computer two (2) weeks previous to the competition and will be available on our Facebook page and will be sent by e-mail to the participating teams.

Music

All teams shall provide their competition music of excellent quality in advance on a MP3-file via we-transfer by e-mail, not later than 7th March 2024, to info@icecrystal trophy.be, and will bring their competition music on a USB-key to the competition as a backup.

Please complete **Form 3** for your competition music information and send it back with all other forms not later than 7th of March 2024.

The USB-key should be in an envelope, marked with the name of the team, the category, as well as the exact running time of the music (not skating time).

Program Content

Please complete **Form 4** with the elements of the free program, using the ISU abbreviations, and send it back with all other forms not later than 7th of March 2024.

Official practice

The official practice will start in the morning.

Each team will be allocated a time of official practice, depending on the number of entries.

Times for official practice will be communicated by the latest by 20th March to the inscribed teams.

After draw, a detailed timetable with official practice and competition times will be sent to the teams.

Opening Ceremony on Ice

The opening ceremony will take place on Kristallijn Ice Rink 30 minutes before the beginning of the competition. Max. 2 skaters from each team are invited to take part in the ceremony, and must be available, ready and warmed up at the side of the ice rink 1⁵ minutes before the opening ceremony is due to start.

Medals and Trophies

Ice Crystal Trophy will provide medals to all skaters participating.

A trophy will be awarded by the Organization Committee to all teams in first, second and third places for the international competition Ice Crystal Trophy 2024.

For the Belgian Championship/Criterium rankings, KBKF/FRBPA will provide all skaters of the Belgian teams in first, second and third position of each category with medals.

Closing ceremony

The closing ceremony will take place at the ice rink, following the presentation of medals and trophies. All skaters from each team are invited to take part in the ceremony. More details will be later sent out to the participating teams.

Organization

The organization of the competition is the responsibility of Gentse Schaatsclub Kristallijn. It reserves the right to take any measures necessary to ensure that the competition runs smoothly and safely. All decisions concerning such measures will be taken with the agreement of the Referee.

Liability

According to the ISU rule 119, and KBKF/FRBPA regulations, the Federation and the Organizing Committee will not take any responsibility or liability with respect to bodily or personal injury or for property loss or damage incurred by Competitors and Officials in connection with the Ice Crystal Trophy 2024 International Synchronized Skating Competition.

However, a medical first aid service will be on duty at the ice rink during all the times of the competition and the official practices, providing emergency medical services for all participants, free of charge.

Anti-Doping Controls

Anti-doping control testing may be carried out during the competition in accordance with the valid ISU Anti-Doping Rules, NADO Vlaanderen regulations and WADA regulations.

It is not permitted to use alcohol during the competition by any of the skaters.

Spectator tickets for the event

Spectators are very welcome at the Ice Crystal Trophy and seated spectator tickets can be purchased at the event site.

Adult (from 12 years): 10 Euro

Child (6-11 years): 8 Euro

Children under 6 years, enter for free.

The tickets give access to the grandstands placed on the outside ice rink and to the well-facilitated bar of the ice rink.

Hotel accomodation

There are many hotels in Ghent of different categories.

Ice Crystal Trophy has arranged a special agreement with following hotel:

Hotel Holiday Inn Gent Expo

Maaltekouter 3

9051 Gent (Sint-Denijs-Westrem)



They are offering a double or twin room for 2 persons at a special rate of 119 Euro and a single room for 1 person at a rate of 109 Euro, large breakfast buffet, service and VAT included, and free car or coach park guaranteed. (which is 59,5 Euro per person in case of double room occupation – they also have rooms available with double bed and sofabed). City tax of 3,5 Euro pp /night need to be added.

Reservations at that special price are guaranteed till the 01st March 2024.
After that date it will be the normal day price according to availability.

Reservations must be sent to Mrs Arlette Waterschoot at res.manager@higentexpo.com with mentioning **reference:** Ice Crystal Trophy for Synchronized Skating.

This hotel is located close to the E40 and the R4 (inner ring road of Ghent), which makes it easy to access the Ice Rink by car in about 10 min. (10 km).

Accommodation & Meals

The organization will not take in charge accommodation and meals for the participating teams.

However, the Organizing Committee can propose for a warm meal (spaghetti Bolognese or vegetarian spaghetti), with included a soft drink and a dessert, Saturday noon in the bar of the Ice rink. Those meals at a price of 15 Euro per person must be ordered and pre-paid in advance, by the latest by the closing date of inscription, which is 7th of March 2024.

Please send us back **Form 6** for meal reservation.

Car park & coach park at the Ice rink Kristallijn

There is the possibility to park free on the car park (400 car places) of the Ice Rink for cars and coaches.

How to reach Ice Crystal Trophy - Transport

By plane to:

- **Brussels National Airport (Zaventem) – BRU** 45 min by car

(if you should provide to book flights with airline company Brussels Airlines, we can provide you with promotional reduction codes of 15 % on the ticket price– this is not on the taxes included in the ticket price, but just on the real ticket price).

Please ask for promotional codes by sending an e-mail to Kathy at info@icecrystal trophy.be

- **Brussels South Airport (Charleroi) – CRL** 1h15 min by car

By public transport from airports:

- From Brussels National Airport (Zaventem) - BRU
 - Direct train from Brussel Nationaal (airport-lowest floor) to train station Gent-Sint-Pieters
The train station Gent-St-Pieters is at 3 km distance of the Ice rink.
 - FLIBCO bus to Gent-Sint-Pieters / Brugge
(Info : Flibco.com for schedule and prices)
- From Charleroi Brussels South Airport - CRL
 - FLIBCO bus to Gent-Sint-Pieters / Brugge
(Info : Flibco.com for schedule and prices)

By Private Coach Transport & by car

Highway E17 - exit 'UZ Gent' for Ice Rink and hotels at Akkerhage.

Highway E40 – exit 'Gent Expo' – for Hotel Holiday Inn Gent Expo

Parking for coaches and cars is free at Hotel Holiday Inn Expo
(closed park).

Transport to the ice rink has to be organized by the participating teams.

If you have any questions concerning travelling matters or accommodation, please don't hesitate to contact us. We might be able to help you and the team.

Contact us at info@icecrystal trophy.be .

Find us on Facebook: <https://www.facebook.com/Icecrystal trophy>

Gentse Schaatsclub Kristallijn, together with its six synchronized skating teams and head coach Mireille Mostaert and assistant coach Maxime Hanssens, are really looking forward to welcome you in Ghent, Belgium, at the 3rd edition of the Ice Crystal Trophy for Synchronized Skating.



Summary Forms

Form	Subject	Please return before
A	Preliminary Form	8 th of February 2024
1	Team Entry Form 1	7 ^h of March 2024
2	Team Entry Form 2	7 th of March 2024
3	Competition Music information	7 th of March 2024
4	Program Content (elements)	7 th of March 2024
7	Extra practice reservation	7 th of March 2024
6	Meal reservation	7 th of March 2024
7	Judge(s) Entry form by national federation	7 th of March 2024
8	Travel information	7 th of March 2024